



The **Serving the Health Insurance Needs of Everyone (SHINE)** Program at Bristol Aging & Wellness, Inc. (Bristol) is here to empower and support our community as individuals age with confidence. SHINE offers free, unbiased outreach, education, and one-on-one assistance to help consumers navigate Medicare and other health insurance options, ensuring individuals and families can make informed decisions that best meet their needs.

We encourage you to schedule an appointment with one of our trained SHINE counselors, who provide trusted guidance, personalized assistance, and compassionate support every step of the way.

Interested in giving back to your community? Bristol provides free SHINE training for individuals interested in becoming certified SHINE counselors and supporting others with important health insurance decisions.

For appointments, outreach, volunteer opportunities, or questions, please call **508-676-5465**.

